



RSE Vocabulary Progression Elston All Saints Anglican Methodist Primary School



Year	Sex/science	Relationships	Heath/well being
1/2	Body part - penis, vagina, private parts Science - mammal, baby, toddler, teenager, adult Diet - vitamins, protein, fat, sugar, healthy, diet,	Family – family, divorce, grandparents, foster parent, married, partner, advice, Me – gender, friendship, right, similar, different, persistence, professional, unacceptable, rude, body language, consequence, report, consent, self-esteem, resolve, compromise, empathy, apologise, choice, negative, positive, exclude. Friends - caring, love, happy, unhappy, secure, making friends, good friends, respect, truthful, trust worthy, loyal, kind, generous, sharing, helping, lonely, falling out, arguments, differences, unique, polite, good manners, online, pretending, teasing, bullying, worried, permission, consent,	Emotion – excited, nervous, surprise, fear, sadness, happiness, anger, emotions, feelings, mental health, permission, safe, unsafe, uncomfortable, worried Substances - protection, shade, sun damage, sun cream, drugs, tobacco, alcohol, virus, Hygiene and Health- personal hygiene, germs, exercise, active, inactive, fitness, healthy, unhealthy, physical health, no, stop, hygiene, exercise, healthy, physical.
3/4	Body Part- bones, Skelton, joints, muscle, penis, vagina, private parts, testicles, foreskin, breasts Science – body odor, sleep, vertebrate, invertebrate, animal, human, body, lifecycle, alive, babies, old age, mammals, Diet - vitamins, protein, fat, sugar, healthy, diet, nutrition, dental, hygiene, sugar, obesity, activity, exercise, well-being, vitamins, , vitamins, protein, fat, sugar, healthy, diet	Family – Me – calm, resolve, compromise, empathy, apologise, choices, exclude, consequence, body language Friends - friends, love, shy, advice, smile, talk, persistence, similar, different, loneliness, feelings, ignore, effort, share, professional, kindness, consideration, lesson, argument, conflict, emotions	Emotion - routine, uncomfortable, permission, safe Hygiene and Health - allergies, Substances - alcohol, medicine, drugs, hazards, accident
5/6	Body part – scrotum, nipple, pubic hair, develop, facial hair, body odor, voice breaking, hormones, maturity, penis, vagina, breasts, womb, uterus, testicles, testes, foreskin, ovaries, fallopian tubes, bladder, urethra Science – intercourse, sex, conceive, conception, Erection, sperm, eggs, period, menstruation, menstrual cycle, blood, tampon, sanitary towel, hygiene, cleanliness	Family – husband, wife, single parent, families headed by grandparents, foster parents, partner, same-sex relationships, opposite relationships, marriage, civil partnerships My Friends and me – personal information, anonymity, sexual orientation, gender, personal boundaries, safe relationships, love, consent, respect, trust, mutual, cuddle, kiss, disability, vision, hearing impaired, learning disability, physical disability, riots, consent, identity, fraud, phishing, trolling, harassment, self-respect, bullying, permission, unsafe, unknown abuse, inappropriate, sexting, cyber bullying, legal, illegal, stereotype, society, community, difference, lesbian, gay, bisexual, homosexual, heterosexual, transgender	Me and my impact on the community - mental health, race, heritage, dual heritage, religion, beliefs, cultural freedom, boundaries, sexual abuse, emotional abuse, neglect, physical abuse, discriminate, prejudice